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Supporting over 50 Years of Excellence in Community Services

Winter Issue

11th Annual Charity Gala

The 11th annual Sunflower Charity Gala will mark a gratifying milestone as our agency celebrates its 50th anniversary throughout 2016.

The Gala is set for Saturday, March 5 at the Great Bend Events Center. Social hour starts at 5:30 p.m. and dinner will be served at 7 p.m. Choices are prime rib or chicken breast with all the trimmings; Classic Inn will cater the meal.

Wine will be available at each table and an open bar is provided; tickets are \$100 each.

The basketball arcade, putting green and silent auction will be in full swing during the social hour. Sunflower's version of Deal or No Deal also is on the agenda.

Mike Niedens will showcase our donated items during the live auction, and Scott Donovan will entertain in his role as emcee.

The Gala becomes more and more popular each year because of its entertaining atmosphere and heartfelt concern for the people we serve. Everyone can enjoy a fun evening and be assured that infants, toddlers and adults with developmental disabilities and delays will reap many benefits.



Invest In Kids / Dialing For Dollars

For the fourth consecutive year, our Invest in Kids Club fundraising campaign exceeded its \$60,000 goal. We couldn't be more gratified by this fantastic community support for infants and toddlers.

Last year's campaign was officially kicked off at our Charity Gala where \$8,250 was raised during the auction. By mid-year, donations brought the total up to approximately \$15,000.

And then there was the overwhelming response to our one-day Dialing for Dollars event in October. That effort by our Board of Directors, our Foundation's **Board of Trustees** and Director of Development raised nearly \$37,000. The total was then slightly more than \$54,000.



Jim Johnson, left, talks with Eagle Radio's Scott Donovan during last fall's Dialing for Dollars event.

We were still shy of the goal but the Sunflower Foundation stepped up and provided a grant to our agency. This \$8,000 came from unrestricted donations made to Sunflower throughout the year.

All of us at Sunflower and the people we serve continue to be humbled by this outpouring of support. Our friends understand the importance of early intervention for children and their families. It often makes all the difference in a child's life today and in the future.

Health Matters

When Sunflower reviewed a new health-education curriculum, we knew it would be valuable to people with developmental disabilities. We also discovered we could add to it.

As a result, we have created new tools to guide people as they look for ways to eat a healthier diet.

One example is a grocery list with photos for those who cannot read, which is a great resource at the store. Shopping can be overwhelming and this photo list comes in handy.

Our clients also have access to a tool that illustrates how they can learn about food portions by using their hands as measuring devices.



Jeneva, a Sunflower client, measures a serving of strawberries with her hand after learning new ways to calculate food portions.

In addition, a Sunflower case manager created a "Healthy Eating" booklet that provides detailed information on dietary choices, and encouragement to exercise and drink more water.

The curriculum is called Health Matters, which is a roadmap to better lifestyle options. Many clients are following this map and the destination is healthy choices.

ICC Packets

Sunflower is leading the effort in a new project whose goal is screening more young children for developmental issues. Packets of easy-to-understand information are being distributed to parents who will learn the early signs of potential problems.

This program is being organized in conjunction with

the Centers for Disease Control campaign called "Learn the Signs. Act Early."

Since not all parents are aware of some milestones until their children lag further behind their peers, Sunflower is reaching out across central Kansas with the information.

Sunflower has teamed up with its local Interagency Coordinating Council (ICC) partners to reach as many families as possible.



McKinley Phillips, her son, Wylder, and Cathy Estes showcase materials in a developmental-milestone information packet. Phillips is a Sunflower early childhood special education teacher and Estes is children's services coordinator.

Partners include Parents As Teachers, specialeducation preschools, health departments, the Center for Counseling & Consultation, Barton Community College and Connecting The Pieces Autism Support Group.

It takes this level of teamwork to reach families who need us. We can be so much more effective collectively; one agency cannot do it all.

Community Bin

Anyone planning an event for a neighborhood or the whole community might want to consider our new recycling service.

It is called Community Bin and the purpose is to provide containers for beverage bottles and cans to organizers of special events. The 55-gallon bins are available at no cost.

We identified a need for this service because more big events are being held throughout the community. Beverage containers can be placed in bins instead of going to the landfill.

Sunflower had been asked to provide containers at Expo Complex events but the ones we had were too small. So, we made a grant request to the Barton County Solid Waste Department. We are so thankful the county stepped up to meet this funding need.



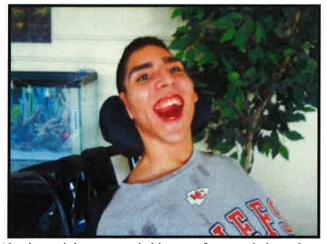
Shelby Bowers, a Sunflower client, learns how to properly remove recyclable items from a bin.

While community service is important, we also want to provide more jobs to the people we serve. As Community Bin catches on, several positions will open up in our recycling operation.

For more information or to reserve containers, contact Sarah Krom by calling 620-792-1321.

Personal Accomplishment—Alex

Alex recently chose to enter Sunflower's day- and residential- services programs because of his desire to move out of his family's home and live more independently. At age 22, Alex is like any other young adult who wants more control over his life.



Alex is receiving support in his quest for more independence.

He was able to receive crisis funding because his family simply couldn't provide all the help he needs. Alex requires total physical supports due to his level of disability.

Therapeutic supports were at the top of his list of needs and now Alex is asking that we help him work part-time at our plant. Since his disability causes severe stiffness in his shoulders, back and legs, he is benefitting from physical and occupational therapies.

We want to mitigate these issues by providing Alex with the proper adaptive equipment and task adaptations to ensure he can enjoy the rewards of earning a paycheck.

Alex is very bright, has a wonderful sense of humor, and is interested in everyone and everything around him. These attributes are starting him on the road to a more productive and rewarding life.

Great Bend Coffee Giving Tree

Great Bend Coffee has been our partner in a special Christmas tree display for several years, and we are so grateful to LaResa and Eugene Lykes, owners, for the most recent event.

The tree was decorated with tags, each representing a child enrolled in our early intervention program or Incredible Years Preschool. Gender, age and clothing size, along with wants and needs, were indicated on the tags.



The Christmas tree at Great Bend Coffee displays ornaments that represent children at Sunflower's Early Education Center and Incredible Years Preschool. Jolene Hindman, left, is a preschool teacher and LaResa Lykes owns Great Bend Coffee.

Our appreciation goes out to those who selected a tag and placed a gift under the tree; the gifts were delivered before Christmas in Sunflower's service area.

We carefully chose the families represented, and participants can be assured the children deserved a special gift at Christmas.

Sunflower is serving about 80 children at the Early Education Center and 40 in our preschool. It is gratifying that parents are seeking early intervention and education because they are the best routes to achieving developmental milestones.

Our Core Values

As an organization founded on the principles of serving individuals with developmental disabilities, we are committed to:

People First:

We will always promote the maximum level of independence for each individual we serve, and dedicate

our resources solely to assisting every person in his/her personal growth.

Integrity:

We will maintain the highest ethical standards in the services we offer and in all dealings with individuals,

their families and their support network.

Excellence:

We will never compromise the service we offer in the name of corporate profits. The right of each person

served will always remain our primary focus.

Stewardship:

We will utilize the resources entrusted to us by donors, funding agencies and the general public in meeting

the greatest number of needs possible.

Personal Control:

We will protect the most basic right our society has to offer - the right to make informed decisions about

how each person wishes to live his or her life.

Dignity of Risk:

We will offer each person we serve the opportunity to try, to fail, and to try again. It is their right as human

beings.

Responsiveness:

We will guarantee the medical supports, general health care, and therapeutic services that promote per-

sonal health and wellness, especially for children and adults with severe, multiple disabilities.

Quality of Life:

We will dedicate our existence to the vision of our founders. Their actions had a single focus – to ensure that people could live their lives in the community of their choosing, close to family and friends, with access

to education, work, leisure, and health care, and to enjoy the dignity and respect that goes with being a

citizen of the community.

Return Service Requested

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Sunflower Diversified Services Foundation 1521 K-96 Hwy. PO Box 838 Great Bend, KS 67530

Contributions—October 2015 through December 2015

The following individuals and businesses have contributed to the support of Sunflower's programs and special projects.

Dollars received by the Foundation are gifted on a quarterly basis to supplement local, state and federal funding.

Our supporters and partners are very important to us, and we appreciate the involvement of each and every one.

If you know of anyone we have missed, or if we need to update our information, please let us know.

Contributions

Steve & Karma Byers

Christian Womens Fellowship

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11th Annual Charity Gala

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Contributions—October 2015 through December 2015 (continued)

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Restricted-Recycling

Larson Engineering, Inc.

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Memorial—Barbara Watson (continued)

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Diversified Serv ces

Annual Charity Gala
March 5, 2016
5:30-10:00pm
Great Bend Events Center

	Reservations \$100 each	
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Donate items for auctions:		
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Any questions - 792-1325 X111

Make checks payable to SDS Foundation

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